

Harrison West News
 P.O. Box 163442
 Columbus, OH 43216

Eadie Gourmet Eats Out at Kikyo

by Veda Gilp

Several weeks ago, Jean Godby, Ph.D., and I found ourselves at Kikyo on Rt. 33 at Fishinger Road. It's set back in a strip center behind the Figlio patio area, so you must look for it. Once found, it's a delight. Later in the evening as the restaurant filled up, more non-Japanese came in, but when we sat down, we were the only non-Japanese in the place. A good sign for a Japanese restaurant.

We began with edamame — green soy beans, boiled in the shell, then salted. You pop them out of the shell into your mouth and they have a fine, fresh sweet green taste. The shells are extraordinarily salty, so unless you want to guzzle Japanese beer all through dinner, better go the popping route.

We also ordered pan-fried pork gyoza, those little half-moon dumplings the Japanese do so very well. These were wonderful gyoza, as good as any I ever had in Japan. More filling than wrapper, made on site, flavorful, steamed then fried, and delicate. If only we had had more stomach room!

We mixed our own dipping sauce from oils and soy sauce on the table, and had to request hot chili oil as well as garlic paste. (Just call me Vlad.)

Kikyo does good sushi. We sampled tuna, shrimp, squid, and salmon. Everything was of above average quality except the shrimp, which was dry and flavorless. When you eat raw shrimp, it should "pop" in your mouth with sweetness and just a hint of sea. The squid was flavorful but chewy — but raw squid is like that. Overall, we gave the sushi a positive nod.

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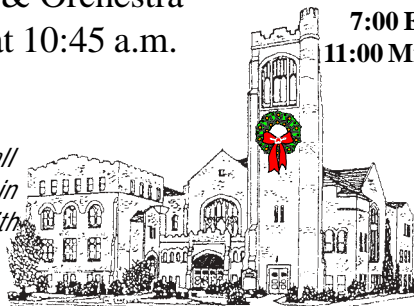
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